



**Division of Emergency Management**  
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### **Media Advisory**

**September is National Preparedness Month and the Nevada Department of Public Safety - Division of Emergency Management encourages the citizens of Nevada to Build an Emergency Supply Kit**

The Nevada Department of Public Safety - Division of Emergency Management (NDEM) is urging Nevada residents to make an emergency supply kit to ensure families and businesses can sustain themselves during a disaster or emergency. You may have to evacuate at a moment's notice and take essentials with you, so it's vital to assemble a kit in advance to ensure you and your family's safety. Each week during National Preparedness Month (NPM), the division will promote one of the four easy steps, "Don't Wait. Communicate. Make Your Emergency Plan today."

#### **NPM Step 3: Assemble an Emergency Supply Kit**

Family emergency supplies can be contained in a large container or box, a backpack or a suitcase and can be assembled over several months by adding just one or two items to a grocery list. A kit should include food, water, a first-aid kit, tools, copies of important documents, clothing and bedding, medications, and pet supplies. A preparedness kit should include enough supplies to sustain everyone in the household for as many as three weeks.

- One gallon of water per person per day and fluids with electrolytes that will last for as many as three weeks.
- Non-perishable food, ready-to-eat canned meats, soups, fruits, vegetables, peanut butter, protein bars, utensils, can openers, sterno heating
- Non-electric can opener.
- Change of clothing, rain gear and sturdy shoes for every person in your household.
- Blankets and/or sleeping bags.
- Battery-powered radio, flashlight and plenty of extra batteries.

- Credit cards and cash
- Extra set of car keys.
- List of important family information; the style and serial number of medical devices.
- Special items for infants, elderly or disabled family members. i.e. Baby formula and diapers
- Prescription and over-the-counter medications
- First-aid kit
- Extra eyeglasses
- Garbage bags, tools,
- Toiletries, including soap

Don't forget to prepare for your pets. Many shelters might not be able to accommodate pets. Before an emergency occurs, check hotels, motels or shelters to see which will be able to accept pets. Prepare a kit for your pets as well and remember to include any medical information or medication, supplies, leashes, dry food, water, litter, ID tags and toys. Check with your vet about the pet carrier that is appropriate for your animal and microchip pets so you can find them if you are separated.

For more information on assembling an emergency disaster kit go to: <http://www.ready.gov/kit>



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